

## Why Home Check

### Affordable & Accessible

Home Check is a fast, simple way for self-funders (and possibly those with DFG grants) to get advice on small changes that help them live independently for longer. It supports the vital work OTs and healthcare professionals are already doing, so you can help clients more easily and effectively.

### Practical Suggestions

Whether it's moving a rug or changing light levels, many suggestions don't even involve building work or new fixtures. They're inexpensive or free, and are creative ways of adjusting what people already have, so as to reduce risks that only arise as they get older.

### Long-term Savings

Implementing Home Check recommendations can help delay the time when someone needs care or needs to move into a nursing setting, potentially by years. For example, a broken hip can cost a family £20,000 when you consider lost earnings and self-funded domiciliary support. The average 'stay-as-you-are' fall prevention changes outlined in a Home Check report will only cost an average of £600. The small adaptations help reduce the risk of avoidable accidents that can lead to lost independence and additional intervention.

★  
With code  
**OT2018**  
Get £50 off  
a HOME CHECK



“ I wish we had done this a long time ago...  
It's the little things that make all the difference.

- Mrs Dixon, Buckinghamshire

**Home Checks start at just £449  
when you mention code OT2018**

Call 0800 44 88 248 or visit [livingwellathome.co.uk/home-check-service/](http://livingwellathome.co.uk/home-check-service/) to learn more and book your appointment.

Living Well at Home  
A Blueprint for Later Life

## HOME CHECK SERVICE

*A blueprint for future independent  
living at home*



LIVING  
WELL AT  
HOME

Living Well at Home is the UK's leading provider of property advice services for people who want to live well, at home, in later life.

[www.LivingWellatHome.co.uk](http://www.LivingWellatHome.co.uk)

Freephone: 0800 44 88 248

## An easy, affordable service that helps your clients live independently at home for longer

Frustration. It's a familiar feeling for everyone thinking about independent living in later life.

We regularly talk to OTs and healthcare professionals who want to make a bigger difference to their clients, but are exasperated by how (unnecessarily) difficult this can be. And we talk to people who want to plan for the future but can't find information on proactive steps that will help them stay at home for longer.

### And that's where our unique Home Check service comes in

Home Checks give comprehensive, personalised advice on the small changes homeowners can make to help them stay where they are. Whether it's moving a rug, improving the lighting or adding a grab rail, the recommendations focus on easy adaptations that reduce the incidence of avoidable accidents.

This direct, affordable service supports the valuable work you're already doing – helping with the outcomes you're trying to achieve. It's a way to get your clients help faster, and the easy-to-implement advice helps reduce the number of future interventions they require.

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*Great service and brilliant communication. This has allowed me to enjoy a more comfortable and accessible home!*

*- Mr Jepson, Middlesex*

LIVING  
WELL AT  
HOME

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www.LivingWellatHome.co.uk

## Home Check

### A multi-point assessment that identifies how well the property meets the household's lifestyle and needs, now and in later life

Living Well at Home is the brainchild of Emma Luddington, a RIBA Chartered Architect with 25 years' experience in accessible and inclusive design. After listening to the challenges of older neighbours, friends and family, she realised there was little advice, and no services, to help people make their home fit for later life while they're still well (before an accident, crisis or loss of independence occurs).

#### Our Home Check Service is a UK first

It gives your clients a blueprint for future independent living at home. An expert assessor reviews the home and garden and prepares a comprehensive report on how to reduce fall risks and improve safety and accessibility – while accounting for their taste in design and even adding value to the property.

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*We couldn't be happier with what we have got now – it makes life a lot easier. It's not until you do something like this that you realise what you have left behind and how hard it was before. I wish we had done this a long time ago. What I would say to anyone is: Why be unhappy with the situation when you can make a change? And it's the little things that make all the difference.*

*- Mr Dixon, Miltonkeynes*

## Talking to Clients About Home Check

“I can see the benefit of Home Check – how do I get my clients to see it, too?” It's a common question OTs, healthcare professionals and home improvement officers ask us.

Here's what's worked for us and others we partner with:

#### Why do I need Home Check?

Home Check enables you to make small changes that help you stay where you are.

When you've lived in a property for years, it's hard to pick up on little things that become barriers and risks to independent living. After all, what you want (and need) from your home evolves over time. With Home Check, you get a personalised report with recommendations on making your home fit for later life while you're still well and living independently, which helps reduce the risk of a fall or accident in future.

#### What does Home Check involve?

A Home Check appointment lasts about 2 hours. A licensed assessor reviews your property from the ground floor up, measuring doorways, looking for trip hazards, reviewing window heights, kitchen appliances, bathroom fixings and more.

Within 10 working days, you get a personalised report complete with pictures and links to relevant product options, as well as links to sources of care advice and tips on independent living. Many recommendations are inexpensive or free and can be implemented yourself or by your handyperson, electrician or plumber.

#### What impact will the changes have on my home?

Your Home Check report gives you creative ways of adjusting what you have to reduce risks that only arise as you get older. The focus is on stylish recommendations that fit in with your décor, and many of the suggestions can add value to your property.

You'll be surprised at how beautiful many so-called accessible products are. If you do need to add grab rails in the shower or task lighting in the kitchen, you can choose from a range of stylish options that fit your design and colour scheme.